FORT SAM HOUSTON CONTRACTOR LEAGUEST L

"One Team, Supporting Military Missions and Family Readiness!"

UNDER JOINT BASING

Fort Sam Houston remains Fort Sam Houston

By Floyd WilliamsU.S. Army Garrison Base
Transformation Office

The 2005 Base Realignment and Closure Recommendation 146, directed the establishment of 12 joint bases throughout the Department of Defense. Twenty-six military installations from all of the services are affected in forming the joint bases. In each joint base being formed, a service component is designated as the lead service, which will provide the command and control

over the delivery of installation support services. Randolph and Lackland Air Force Bases and Fort Sam Houston have been directed to form Joint Base San Antonio.

The Air Force is designated as the lead service. This means the Air Force will be responsible for providing installation support services on Fort Sam Houston where the U.S. Army Garrison, under the direction of the Army's Installation

See FORT SAM P6

⊢ Fiesta goodwill



Courtesy photo

El Rey Feo LXI, Charlie Garza, a Fiesta goodwill ambassador for San Antonio, visits Fort Sam Houston Elementary students April 2 with a message to stay in school, respect their teachers and parents, be good citizens, and pursue a higher education. El Rey Feo and members of his royal court also toured the Warrior and Family Support Center, and visited with wounded warriors and staff.

Fort Sam Houston Commissary renovation underway

By Lori Newman

Fort Sam Houston Public Affairs

The Fort Sam Houston Commissary is receiving a face lift. Renovations began a few months ago and will continue through December.

All the refrigeration units; heating, ventilation and air

conditioning systems; and the floor tile are being replaced.

"The refrigeration and the HVAC systems needed to be replaced for several reasons. One, they weren't energy efficient and two, they are old. They were starting to break down and we were having a lot of problems in that area," said

Ralph Maastricht, store director.

All of the refrigerated units will be replaced, and the shelving for the dry goods portion of the store will also be replaced, once the new floor is put in place.

"The customers will see an immediate improvement when

they walk into the store and see a new floor and expanded produce department," said The frozen food section of Maastricht.

The frozen food section of the store will also get new

and have upright cases making

Maastricht.

The produce department will extend from the front of the store and wrap around the back wall. The meat department will also be expanded

the store will also get new upright cases that are more energy efficient and part of a wall will be removed in the delicatessen and bakery area

See COMMISSARY P7

VISIT NEWS LEADER ONLINE: WWW.SAMHOUSTON.ARMY.MIL/PUBLICAFFAIRS

NEWS LEADER APRIL 9, 2009 APRIL 9, 2009 NEWS LEADER PAGE 3

News Leader

Editorial Staff

rmy Medical Department Cente d School and Fort Sam Housto Commander

Mai, Gen, Russell Czerw Garrison Commander Col. Mary Garr

Public Affairs Officer Phillip Reidinger

Editor/Writer Vacant Staff Writer

Lori Newman Layout Artist Joe Funtanilla

News Leader office:

1212 Stanley Road Building 124, Suite 4 Fort Sam Houston, Texas 78234-5004, 210-221-0546, DSN 471-0546 Fax: 210-221-1198

lews Leader Advertisements Prime Time

Military Newspapers 2203 S. Hackberry San Antonio, Texas 78210 Phone: 210-534-8848 Fax: 210-534-7134

News Leader e-mail: news.leader@conus.armv.m

News Leader online: www.samhouston.army.mil/ publicaffairs

This Army newspaper is an authorize iblication for members of the Departm f Defense. Contents of the News Leader a weekly by the Army Medical Departmen enter and School and Fort Sam Houst ublic Affairs Office, 1212 Stanley Roa uilding 124. Suite 4. Fort Sam Houston verything advertised in this publication hall be made available for purchase, u r patronage without regard to race, cold status, physical handicap, political affilia ejection of this equal opportunity policy I n advertiser is confirmed, the printer sh efuse to print advertising from that sour ntil the violation is corrected. The editor ontent of this publication is the respon c., Military Newspapers, 2203 ackberry, San Antonio, Texas 78210: 21 534-8848, a private firm in no way connec ed with the U.S. government, under excl ive written contract with the Army Medic dvertising. The appearance of advertisi n this publication, including inserts or sur ements, does not constitute endorsem y the U.S. Army. Stories and photos f news.leader@conus.army.mil by close

Drinking IQ:

DoD offers free alcohol assessment, education

abuse. These tools are

designed to educate mili-

tary personnel about the

potential risks associated

with alcohol use and help

drinking behaviors. In an

effort to raise awareness

them make informed

decisions about their

of these and other

website,

resources available to

service personnel and

their Families, the mili-

tary is promoting a new

www.DrinkingIQ.org, at

Friends and good manners will carry you where money won't go. – Margaret Walker

Military installations worldwide encourage servicemembers and their Families to learn their drinking IO: Anonymous, free alcohol assessment and education available year-round by phone or online.

In recognition of Alcohol Awareness Month, the Department of Defense will offer free, anonymous assessment tools online throughout the month of April in an effort to educate service members and their

Families on the sympinstallations worldwide. toms and signs of alcohol

Every year, millions of Americans - one in every 13 adults - suffer from alcohol abuse or alcohol dependence. Millions more drink at times or in ways that can place themselves or others at

Military personnel and their Families may also be susceptible to alcohol misuse because of the stresses associated with deployment. A new study released by the University of Minnesota

(Source: Bits & Pieces, March 2009)

Prevention last month revealed that alcohol abuse is a problem among active-duty military personnel and is strongly associated with many health and social problems, just as it is in the general public.

The assessment and

and the Centers for

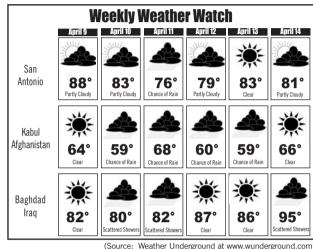
Disease Control and

Mental Health Self-Assessment Program, a voluntary, anonymous mental health and alcohol self-assessment and referral program offered to military Families and service members. In an

education tools are

offered through the

See DRINKING P7



RCI Briefs

Thought of the Week

Official Army Survey

Fort Sam Houston Family housing residents will be receiving the Official Army Resident Assessment Survey. Housing residents input through this survey will guide Lincoln Military Housing in providing the services and facilities that are important to them. Answers are strictly confidential; please provide frank responses. No personal data will be tabulated. and the survey in no way identifies the resident or the residence they currently occupy For more information, call Patricia Baker at

221-0891.

News Briefs CYSS now offers all services under one roof

Civilians Community FIRST Focus Group The Fort Sam Houston

Department of the Army Civilians Community FIRST Focus Group will be held April 15 from 8 to 11:30 a.m. in Building 122, Stanley Road, **Garrison Command Conference**

I.D. card office now open Thursday evenings

The Fort Sam Houston I.D. Card Office, Building 367, will be open Thursday evenings from 4 p.m. to 8 p.m. for emergency walk in's and appointments only; and the first Saturday of each month from 8 a.m. to noon for walk-ins; no appointment is necessary. Two forms of I.D. are required to receive a card. One form must be a photo I.D., state or federal, preferably a driver's license. For more information, call Rene Agosto at 295-8809.

Closure of Library for Easter Sunday

Keith L. Campbell Memorial Library will be closed on Easter Sunday. The library will be open from 11 a.m. to 8 p.m., Saturday April 11. For more information, call 221-4702 or 221-4387.

Wilson Way construction

The Wilson Way Repair project is progressing smoothly. However, in the name of both driver safety and contractor efficiency, it will be necessary to continue the detour for the duration of the project. The west bound and center lanes will be completed by mid April. After that, the east bound lane will only take an additional two months, to be completed by mid-June. For more information, call Hank Hayes, Directorate of Public Works, Engineering Division, at 295-4730, or e-mail morris.h.hayes@us. army.mil



Brenda Berry, chief of Child, Youth and School Services: Dominique Edmonds, 10th grader; Col. Mary Garr, U.S. Army Garrison commander and Paul Matthews, director of Family and Morale, Welfare and Recreation cut the ribbon April 6 at the CYSS open house.

"This has been a 10the commander made year venture and my this happen. We are all boss, Mr. Matthews and one Family, a one-stop-

their Families," said

shop for the Soldiers and

Covenant and show that

can stay strong in keep-

covenant and hopefully in

Army and community

"This has been a very challenging, daunting undertaking trying to get all the CYS program managers under one roof, to be able to provide better support to our customers. Indeed we have been fortunate with the support of the commander," said Matthews.

Garr thanked the CYSS program managers and providers for taking care of the children every day so Soldiers and their spouses can focus on their mission and their work lives and not have to worry about their chil-

People want a onestop-shop for taking care of their kids, Garr said "Bringing all of these

folks together in one place so our Soldiers and their spouses can come

now we get to do it better and more efficiently and build svnergy in one Some of the programs offered under CYSS are the Child Development Center, which offers age appropriate programs for infants, age six-weeks

and get everything done

at once ... we are taking

care of their kids, and

through five years old. School Age Services for children in first through fifth grade and Middle and Teens Youth Services, which offers programs for children in sixth through 12th grades.

CYSS also offers instructional classes in gymnastics, martial arts tennis, driver's education, piano and dance; a well as the Schools of Knowledge, Inspiration,

See CYSS P4

was prepared to read the

Elementary School

Exemplary Choir and

Dance Team, who were

seated in the front rows

of the audience awaiting

their opportunity to per-

Child Abuse Prevention Month Kick-off Ceremony

Story and photo by Cheryl Harrison

Army Community Service, Marketing

Story and photo by

Fort Sam Houston Public

Family and Morale,

The Directorate of

Welfare and Recreation

and ribbon-cutting cere-

mony April 6 for the new

Child, Youth and School

Services offices, which

are now housed in the

Army Community Service

building on Stanley Road

was U.S. Army Garrison

Commander, Col. Mary

Garr; Paul Matthews,

Brenda Berry, chief of

CYSS; several members

of the CYSS staff and the

director of FMWR;

community.

On hand for the event

hosted an open house

Lori Newman

Affairs

April is recognized as Child Abuse Prevention Month and Month of the Military Child. In an effort to protect our future, the protection of our children was the off ceremony held April 3 at

focus of the kick-Army Community Service, Building 2797.

In opening remarks Col. Mary Garr, U.S.

Army Garrison commander said, "Our goal is helping our Family members stay happy and healthy.'

Leaders, Soldiers. Family members and civilians are asked to reinforce the promises of the Army Family

The ACS Family Advocacy Program is ready to provide prevention services to maintain the promise of the

ing children safe.

Vlai. Gen. Russell Czerw, commanding general, Fort Sam Houston and Army Medical Department Center and School poses for a photo with the Fort Sam Houston Elementary School Exemplary Choir and Dance team during the Child Abuse Prevention Kick-off Ceremony April 3 at Army Community Service, Building 2797 he choir and dance group

of the morning's ceremony

Child Abuse Prevention doing so will also prevent Awareness Month Proclamation. Among the the tragedy of child special guests were the Fort Sam Houston

Garr introduced special guests and Maj. Gen. Russell Czerw, command ing general, Fort Sam Houston and Army Medical Department Center and School who

form for the ceremony tect vou.' performed for the audience as part

As Czerw stood to read the proclamation he looked at the young group of students and spoke to them directly "This proclamation says your parents are doing wonderful things to pro-

See CHILD ABUSE P4

NEWS LEADER APRIL 9, 2009 APRIL 9, 2009 NEWS LEADER

UIW students enhance their education with Army South visit

Bv Robert Ramon

U.S. Army South Public Affairs

Sarah Ohnemus and her fellow University of the Incarnate Word students often catch a glimpse of the landmark "Old BAMC" building atop the hill east of their campus, but March 30, Ohnemus and 16 other curious UIW students made a special trip to the historic building that is now home to U.S. Army

At the invitation of U.S. Army South and as part of their studies in U.S. foreign policy, the students embarked on the short journey to learn about U.S. Army South's interaction with various partner nation armies throughout Latin America and the Caribbean.

"It's beneficial for any student to get this experience," said Ohnemus, a nuclear medicine major

from San Antonio. "You can't just sit in a box all the time; you need to get out and learn about people and experience different things." Accompanied by

Ambassador James Creagan, the director of UIW's Center for International Studies and the former U.S. ambassa dor to Honduras, the students met with key Army South leaders in an effort to gain a U.S. Army perspective of foreign relations.

"They learn from what I talk to them about in the classroom but I can't give them the full essence of what our military is doing in the realm of U.S. foreign policy," said Creagan. "It's so important to come here and learn about how U.S. Army South is engaging with partner nations of the Americas to help foster hemispheric security and stability.'

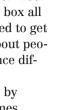




Photo by Sgt. Nina Ramon

Maj. Gen. Keith Huber, commander, Army South (center) speaks with Ambassador James Creagan (to Huber's right) and University of the Incarnate Word students during a recent visit at U.S. Army South headquarters March 30.

Army South Commander, Maj. Gen. Keith Huber, said he was privileged the students accepted his invitation to visit with him and his staff. "I'm honored that they

would take the time to come here and listen to my foxhole opinion," said

Creagan first met Huber during his tenure as the U.S. ambassador to Honduras when Huber commanded Joint Task

First place winner was

Ambrosia Harris, second

Force - Bravo at Soto Cano Airbase there. Creagan said he noticed Huber possessed a special ability to effectively interact with foreign leaders.

"It's the way [Huber] expresses things; it's his personal approach and understanding of the cultural differences and how one must be sensitive to those differences," said Creagan.

After giving a brief overview of U.S. Army South operations, Huber and his staff interacted with the students about various topics of their choice, namely strategic communications.

"The most difficult thing we do every day is also the most critical and that's to attempt to communicate," said Huber at the start of the discussion. "If we are to get along, if we are to work together, this challenge of communication, regardless of language or cul-

ture, is the most difficult thing we do as human beings." After an hour-long dis-

cussion, many students felt the visit was a worthwhile venture that would enhance their education beyond the classroom environment. "It's definitely outside

of the textbook," said Sonia Ramirez, a political science major from Dallas, "In real life this is how it works.' Ohnemus said she was

excited to sit face-to-face with members of the Army South staff who have a wealth of realworld experience.

"When you look them in the eves you can see how important things are and what they've gone through to get where they are today," said Ohnemus. "It's amazing to meet someone who has actually done this

CHILD ABUSE from P3

Speaking to the children on their level Czerw explained, "We are given a time frame, 24/7, 365 days a year that we worry about you and take care of you – You are our future. We need

"I'm not going to read this proclamation, but I promise you that your parents will read it," said Czerw.

In the interactive moments with the children, Czerw spoke of the importance of protecting abuse, the important role their military parents were in assuring that protection and their roles as exemplary students.

month's theme, Child

Abuse Protection.

them from any form of

place winners of the art contest from Middle School students. The Following Czerw's words of encouragement theme for the contest and promise, the choir was child abuse protectook to the stage and pertion and the military formed several songs and Family. The six judges a dance that tugged at described the winning the heartstrings and artist's depiction of the showed the dedication of subject matter as visually their director Sandra stunning, strong Family Perkins. Their performsymbolism, good use of ance was the perfect contour lines, and clear motivation for the and meaningful work.

Following the choir's place was Brittany performance was the Steiman and Isabelle announcement of the Lougee was awarded first, second and third third place.

The art work is on display at Army Community Service, Building 2797. The three winners were congratulated by Czerw and Garr and presented with gift certificates.

In conclusion, Garr reiterated how critical it is to be aware and report any suspected child abuse and reminded the attendees of the number of events that would take place for the community and the Families.

CYSS from P3

Exploration and Skills program.

Family Child Care offers age appropriate care for children four weeks old through twelve vears of age in certified FCC homes on and off the installation.

Two school liaison officers are on site; as well as a nurse to make sure all the health care needs of the children and staff are met and CYSS is in compliance with all Department of Defense, Army and state health

requirements.

A Youth Sports program offers recreational sports opportunities for children 3 to 18 years

There will also be a workforce preparation program offered to teens entering the workforce.

Garr also remarked on the convenience of having ACS in the same building saving, "We take care of the kids here and go right next door and find out about all the other community support services for our Families."

Cole student designs Army South Fiesta Medal

Bv Khrvsten Darm

U.S. Army South Public Affairs

Maj. Gen. Keith Huber,

commander of U.S. Army South, presented certificates of achievement to 15 Robert G. Cole High School students for their participation in designing an Army South fiesta medal March 31.

"I am very proud of you," Huber said to the students. "I'm honored to be here, I stand in awe as to your intellect, to your vision, your ability to express that through your artwork and I thank

you for participating in this selection and giving us the opportunity to recognize you and your fam-In the hopes of start-

ing a new tradition for Army South and Cole High School, Lt. Col. Troy Ramirez, Information Operations deputy director for Army South, came up with the idea to have the students create a design that represents the history and spirit of Army South during Fiesta San Antonio 2009.

Fifty-five students submitted designs, which were pared down to the selected 15. The top 15 designs were sent to Army South for final judging where the winning design was determined. "Of the original 55 entries submitted, these

final 15 designs captured the essence of U.S. Army South and the spirit of Fiesta perfectly," said Ramirez. "Though only one design was chosen for minting, we were left awestruck and enriched by your talents, insight, and obvious potential that each here has demonstrated."

Cole High School sophomore Anthony Hernandez-Camacho drew the winning design. In addition to receiving a certificate of achievement, Hernandez-Camacho also received the first Army South

Fiesta medal.

To come up with his winning design. Hernandez-Camacho said he received help from his parents, who gave him ideas of what to incorporate in his drawing.

When asked how he felt about his design being handed out to people to wear during Fiesta, Hernandez-Camacho responded, "It's cool!" The runners up in the

completion include second place – Corey Liker, third place - Gus Cunningham, fourth place – Axel Rivera. Cole High School students Johnathan Brooks, Samantha Costello, Over 1,200 medals were minted and will be Jeremy Fuentes, Evan Garr, Kathleen Mahon, presented by Army South

PAGE 5

Maj. Gen. Keith Huber, commander of U. S. Army South, presents a certificate of achievement to Cole High School sophomore Anthony Hernandez-Camacho March 31. Hernandez-Camacho drew the winning design for the Army South Fiesta medal.

Alexandra Mazak. Julyette Prothero, Nariah Sablan, N'Dea Spivey, Mollie Starnes, and Juan Talamantes each received a certificate of achieve-

and Fort Sam Houston's Fiesta celebrations. Fort Sam Houston celebrates Fiesta 2009 April 19, starting at 1 p.m. and concludes with a fireworks display at 9 p.m.

throughout San Antonio's

leaders at events

FORT SAM from Pl

Management Command currently delivers over 400 services. The intent of this change is to optimize installation support.

In order to accomplish this Joint Base mission the Army and the Air Force must partner to build the right organization, resource it appropriately, and put it into operation between January and October 2010. This will change how we are currently organized using IMCOM's standard garrison organizational structure and melding it into the Air Force's Air Base

Joint Base San Antonio will be led by the 502nd Air Base Wing. It will be commanded by an Air Force brigadier general

Wing structure.

and the ABW headquarters will be located on Fort Sam Houston. This will require some

minor reorganization of

the USAG into an Air

Force Mission Support

Group officially titled the

502nd Mission Support

ed by an Army colonel.

interest to many in our community. People are the most valuable resource in the delivery of installation support Garrison, and commanders in both services are

The installation will retain a strong Army identity and ties to its long history and lineage as Fort Sam Houston.

Other implementation

changes will include the

transfer of command authorities, real property, installation support property and plant equipment. total obligation authority, and the Garrison's employees who are Department of the Army civilian personnel to the

Air Force.

civilian employees to become Air Force civilian employees is of primary service and senior leadcommitted to treating all affected individuals equi-

The transfer of Army

Planning and Timing

mentation process.

tably during the Joint

Base San Antonio imple-

Planning efforts for standing up the Joint Base have been underway for over 18 months. Local Army and Air Force officials have been working to develop a Memorandum of Agreement, which will document how the two

service components will deliver installation support. This agreement will be briefed to senior leaders later this spring before it is sent to the vice chiefs of staff of the Army and Air Force for their approval and signatures in September 2009. Joint Base San Antonio

will begin its initial operating capability in January 2010, for Lackland and Randolph Air Force Bases, and April 6, 2010 for Fort Sam Houston with full operating capability by October 2010.

Civilian Personnel Transfer Process

Probably the most important question for the workforce focus is how they will transfer from being Department of ment, and employee

Department of the Air Force employees before the full operating capabil ity date. Fortunately the services have put a lot of thought and effort into how a mass transfer can occur with minimal risk of disruption. The Air Force will

the Army employees to

establish an Air Force Civilian Personnel Office on Fort Sam Houston. This section will provide the same type of services as Army employees currently receive from the Fort Sam Civilian Personnel Advisory Center. Face to face advisory services, National Security Personnel System, civilian personnel programs, labor management and employee relations, resource manage-

training for the new Air Force employees will be available locally.

What to Expect

An Army civilian employee transferring to the Air Force can expect his or her position, pay, benefits, duty location and co-workers and supervisors to remain the same. What they can expect to change include the employing agency, organization name and leadership, some policies and civilian personnel processes, CivPers service providers and some aspects of the Air Forces' culture may be a little dif-

The Garrison Commander will host several town hall meetings for the garrison.

APRIL 9, 2009 NEWS LEADER PAGE 7

DRINKING from P2

effort to raise awareness

of responsible drinking, MHSAP has distributed promotional materials including posters and sports water bottles to military installation fitness centers and alcohol programs. The materials direct service personnel and their Families to a new website, www.DrinkingIQ.org, which connects users to the online tools available at no cost 24 hours a day, seven days a week. "Providing service

members and their Families with information and resources empowers them to learn the potential risks associated with drinking and determine if they or a loved one may need to seek appropriate support," said Col. Joyce Adkins, PhD, MPH, Department of Defense, Office of Health Affairs.

brief interventions for drinking problems can be an effective treatment for some alcohol use disorders without the need for further clinical intervention." In addition to offering alcohol assessment and education tools yearround, the MHSAP pro-

"Research indicates that

gram offers self-assessments for Posttraumatic Stress Disorder, depression, generalized anxiety disorder, and bipolar disorder. To learn more or to complete an assessment tool, go to http://www. mentalhealthscreening.or g/military/. MHSAP gives service

personnel and their Families the opportunity to learn more about mental health and alcohol use through anonymous selfassessments offered online, via the phone, and through special events held at installations. The program is designed to

News Leader survey online

Submit your feedback to help improve the News Leader. The survey is available online at

http://www.samhouston.army.mil/pao/default.html. For more information, call 221-0615 or 221-1031.

their own symptoms and access assistance before a problem becomes serious. The self-assessments address posttraumatic stress disorder, depression, generalized anxiety disorder, alcohol use, and bipolar disorder. After completing a self-assessment, individuals receive referral information including services provided through the Department of Defense and Veterans Affairs.

help individuals identify

the non-profit Screening for Mental Health and is fully funded by Force Health Protection and Readiness, Office of the Assistant Secretary of Defense, Health Affairs To take a free, anonymous self-assessment, visit www.MilitaryMental Health.org or call 1-877-877-3647.

MHSAP is a program of

Source: Department of Army press release



tion should be completed

by Dec. 24 or before,

weather permitting."

COMMISSARY from Pl

so customers are able to see into the section.

The roof is also being replaced and the exterior of the building is being resealed and painted. There will be a new paint-scheme on both the interior and exterior of the building.

this is an inconvenience for our customers. We just hope they will be patient and understanding during the renovations, and to please con-Sam Houston Commissary" said

daughter, Estela. in the new produce section of the Commissary. Many of the produce cases nave already been replaced with

Saba Oivera

have done so far," said

Commissary customer

Henriette McCallister.

The total cost of the renovation is \$8 million.

"We understand that tinue shopping their Fort Maastricht. "The renova-

new, more energy efficient cases. "I really like what they PAGE 8 APRIL 9, 2009 APRIL 9, 2009

BAMC team takes second at annual Bataan Memorial Marathon

By John SimmonsBrooke Army Medical Center

Five doctors representing Brooke Army Medical Center finished second in the 20th Annual Bataan Death March Memorial Marathon March 29 at White Sands Missile Range, N.M.

The soldiers competed against 34 other military teams in the heavy division where each member carries a 35-pound pack the length of the grueling 26.2-mile course consisting of hills, sand pits, and blowing winds in combat boots and Army Combat Uniform.

The BAMC team consisted of team captain, Col. James Ficke, Col. David Brown, Lt. Col. Marty Harnisch, Maj. Craig McFarland, and



Photo by John Harnisch

(From left) Capt. John Simmons, Col. David Brown, Lt. Col. Marty Harnisch, Maj. Craig McFarland and Col. James Ficke

Capt. John Simmons

The annual marathon is conducted in honor of the heroic servicemembers who defended the Philippine Islands during World War II, sacrificing their freedom, health and, in many cases, their lives.

This year, over 5,000 civilian and military run-

ners competed in the event and were greeted at the start line by survivors of the Bataan Death March.

The team finished in 5:44; two minutes behind the first-place 75th Ranger Regiment and six minutes ahead of the third-place British Royal Artillery team.

– Amazing race



Photo by Ion Podrigue

Team, Extreme Heat, Pricilla Knight-Mcleary, Katesha June, Vincent Tancredi, Giovanni Pascascio, James Reese, Philippe Tourville and Tony Smith won the first Brooke Army Medical Center Warrior in Transition Battalion's Warrior Amazing Race Competition, March 24. Extreme Heat, won with a time of 2:42, Team, Wolf Pack, placed second at 2:48 and Ramrod came in third at 2:49 with a five-minute penalty. Saddling a horse to ride, unscrambling words, solving riddles and taking photos were some of the tasks they had to endure during the competition.

APRIL 9, 2009 NEWS LEADER PAGE 9

YEAR OF THE NCO AMEDDC&S NCOs honor WWII heroes

By Sgt. 1st Class Ricardo Gutierrez

U.S. Army Medical Department Center and School

Four Soldiers from B company, 264th Medical Battalion, Sgts.1st Class William Gearhart, Ricardo Gutierrez and Staff Sgts. Eric Shepard and Robert Lemy, from U.S. Army Medical Department Center and School that got together March 28 and headed to White Sands, N.M.

Their goal was to experience the most grueling and memorable marathon in the world, the Bataan Memorial Death March. This special Sunday at the end of March tells their story.

The Bataan Death
March, happened in the
Philippines during World
War II on April 10, 1942
when an estimated
72,000 American and
Filipino prisoners of war,
were marched to prison

the Bataan Peninsula to Capas by the Japanese. During the march,

camps from Mariveles in

prisoners who were already ill and malnourish, were beaten and subjected to inhumane treatment. Any prisoner who fell behind was executed. Thousands died on that path, which lasted 6 days and was over 60 miles long.

This year marked the

20th Anniversary of "The Bataan Death March."
Thousands of Soldiers and civilians gathered to pay tribute to these men.
An estimated forty
Bataan Veterans are still alive today.
Their motto was "No

Mama, no Papa, no Uncle Sam." Well not on March 28. "This is their day," said Sheppard, a threetime march veteran, "On this special Sunday they are the VIP's." The Bataan veterans watched as more than 5,400 marchers, a record, gathered to pay honor to them.
One Soldier said, what

made this marathon different from all the others were not the high winds, scorching heat, or sandy trail; it was the Bataan veterans, and giving 110 percent, as they did 67 years ago.

Lemy, nicknamed
"The Goat" because he
could walk for days said,
"It's about brotherhood.
My battle buddies asked
if I would give up a weekend and join them and I
said sure. It's amazing to
see the support and help
by everyone on the route.
There are kids, elderly
and even wounded warriors making the march.
It's an amazing and surreal event to see."

The event to see.

The event started with a tribute ceremony that honored the colors, roll call, taps and even a flyover by two V-22 Raptors.

Bataan vets were placed at the starting line

many marchers. Then
the vets make their way
to different mile markers
throughout the course to
motivate and push

marchers on.

to shake hands with the

"It's a tough march, especially the last six miles. You feel like quitting but then you see a Bataan Vet cheering you on. It's quite inspirational," said Gearhart. "They walked 60 plus miles without water and food and if they quit, they were killed."

"It's an experience I will never forget," said Lemy.

The Bataan Death
March Memorial
Monument is the only
federally funded monument dedicated to the
victims of the Bataan
Death March during
WWII. The monument
was dedicated in April
2001 and was designed
and sculpted by Las
Cruces artist Kelly
Hester. The memorial is

5120

Courtesy p

(From left) Sgt. 1st Class William Gearhart, Staff Sgt. Eric Shepard, Sgt. 1st Class Ricardo Gutierrez, and Staff Sgt. Robert Lemy stand at the finish line after the Memorial Death March in White Sands N.M., March 28 with a World War II, period dressed soldier holding the "The Battling Bastards of Bataan" flag.

located in the Veterans Park along Roadrunner Parkway in White Sands,

N.M.

- AHA's Federal Hospital Section recognizes selfless Soldier

Maj. Tammie Jones, executive officer and Col. Lisa Zacher. chief, Department of Medicine at Brooke Army Medical Command hold the 2008 Executive Special Achievement Award March 27 for outstanding service ir the health care field. The award represents health care execu tives who have distin guished themselves through noble service resulting in signifi cant achievements and who have con tributed substantiall to the mission of the



Photo by Maria Gallegos

federal health care system. The award was presented to Jones by the American Hospita Association's Section for Federal Hospital. "I am thankful for the education I received through the U.S. Army Baylor Masters Program in Healthcare Administration; the program provided the foundational knowledge that allowed me to successfully contribute to the Army Medical Department in the situations for which I was recognized," said Jones.

Retirement ceremony



Photo by Ed Dixor

(From left) Maj. Anthony Everts, U.S. Army Medical Command; Master Sgt. Debra Baker National Training Center, Fort Irwin, Calif.; Sgt. Maj. David Janney, U.S. Army Medical Command: Col. Robert Eng. U.S. Army Medical Command: Col. Carlos Angueira. Brooke Army Medical Center; Col. Donald Gagliano, Army Clinical Investigation Regulatory Office; Sgt. 1st Class McArthur Pickett, Warrior in Transition Unit are honored for their service during a retirement ceremony March 26 at the main post flagpole.

APRIL 9, 2009 NEWS LEADER PAGE 11

Post Pulse Do you know where to report alleged or suspected child abuse or neglect?

Not only is April the Month of the Military Child it is also proclaimed as Child Abuse Prevention Month. During the Family Fun Fair held April 4, individuals were randomly selected to participate in a "Man on the Street" question and answer segment. These are the results:



but first I'd address it personally and if that didn't work then I'd make a phone call to the police." Sammy Torreira, military spouse



I work in the hospital I'd call the hospital chaplain, the commander or the supervisor on duty.' Spc. John Buetow, Julia Buetow and their two-year-old daughter. Angelina



and pointing out their

Protective Services or Health and Family **Protective** Services." Catherine Ilic and 5-year-old daughter,



Angelic Cruz, Keith Smith, eight-year-ol Izaiah Cruz and fouryear-old Adrian Cruz

Raising your child's self-esteem

By Angela Swain

Family Advocacy Program-Victim Advocate, Army Community Service

A child is a precious gift. This is still a truth even when a child's behavior is undesirable. Depending upon what developmental stage a child is, a parent's age, education, support system, and parenting skills level can influence their success as a parent. Parenting is not an easy task, but there can be many enjoyable moments.

Children are led and guided through the journey called childhood by their parents. Love alone is not enough to make them feel valued. Remember, children are people too, with feelings that can be damaged or strengthened. Seek to deposit constructive versus destructive criticism and be a positive role model.

A child learns the importance and value of physical beauty by the time they enter kindergarten. Unfortunately, children can be very

cruel and attack one another verbally or socially and sometimes physically. Then consider, the child that isn't deemed the most popular, cute or athletic. A child can sometimes feel like an outcast, especially when someone attacks their self-worth and threatens their selfesteem. A child's personal worth can be guestioned in a variety of areas: looks, size, color,

> academically, and so on Life is more than toughening up children

weight, height, socially,

flaws or trying to make them "perfect." Help children to accept "imperfections," which everyone has, and not feel deficient. Help children avoid or deal with painful and emotional experiences that can last a life time. It is imperative that a child receive daily deposits of encouraging comments to raise their self-esteem

gies. Consider some of the following positive strategies. • Treat children age appropriately, especially

when they are being dis-

Healthy self-esteem in

a child can be developed

by using various strate-

• Reinforce and practice the importance of man-

ciplined.

- ners and mutual respect. • Help children discover what they like and dislike Building healthy chil-
- Build confidence in children. Help them to "soar like an eagle!" • Don't make children

about themselves.

- compete for your love or
- Monitor TV and music influences.
- Remain aware of a child's academic progress, successes and problems.
- Teach them good decision making skills, man ners and money manage-

• Set a positive example

• Develop healthy friend-

love them uncondition-

dren and directing them towards a successful adult life is important. Parenthood offers a sea son to prepare children for adulthood with the hope they will be well balanced citizens of tomorrow. Now is the time to seize the opportu nity to create precious memories, before they leave home to pursue their dreams.

For more information, call 221-0349.

PAGE 12 **NEWS LEADER** APRIL 9, 2009 **NEWS LEADER** PAGE 13

Month of the Military Child

April kicked off with fun-filled days for children, Families

Story and photos by Cheryl Harrison

Army Community Service, Marketing

he Army Family Covenant is committed to providing Soldiers and Families a quality of life that is commensurate with their service and a strong, supportive environment where they can thrive. With April being the Month of the Military Child, as well as Child Abuse Prevention Month, the covenant was exemplified with a calendar full of fun-filled events for children, Families, Soldiers and friends

The activities began April 3 at Army Community Service following the Child Abuse Prevention ceremony. The doors opened at 1 p.m. for the first annual Operation Baby Shower. The shower was for all pregnant Families and new parents of babies up to the age of one. With attendance over 300, they waddled or rolled strollers into the festivities and played typical baby shower games like the cake walk, dress the baby and guess the number cotton balls. Refreshments were served, vendors handed out informative brochures or advice and even the younger children were entertained with a play area and balloons.

Not to be outdone, April 4's blue skies and bright sunshine held promise for a successful Family Fun Fair held at the Fort Sam Houston Youth Center Gym and surrounding fields. With over 1,000 people of all ages in attendance, seven bouncers, games, hot dogs, face painting and a puppet show educated and held a day full of fun.

According to Paula Ramas, who came from Lackland Air Force Base, the best part of the day was "Everything. A friend told me about this today and we came."

Another big event was the ribbon cutting ceremony of the new skate park designed by architect Ray Vernon of ExerPlay, Inc. in New Mexico.

> Dressing the baby, yet doing it as gently as if it were a real infant. came easy to Angela Shrutleff, even with her right arm in a hot pink cast. Shrutleff came in first in one of several games played at the first annual Operation Baby Shower held April 3.

On hand for the ceremony was professional skate boarder, Chad Knight from San Diego.

Knight said, "This park is the best quality, the ramps and the layouts are great."

Following the events during the daylight hours, the evenings held the first two Outdoor Movie Nights. The first evening's movie was "Kung Fu Panda," presented to over 90 folks at the field by the main post flag pole. At the movies the next night, "E.T. The Extra Terrestrial" thrilled the 100 plus crowd at Dodd Field.

Jennifer Koranyi and her Family attended the movie April 3 and said, "This is great and exciting."

Those in attendance on either night enjoyed the fresh air, a family-friendly movie, free popcorn and the fellowship of other Families and friends.

The Outdoor Movie Night will be held throughout the spring and summer. The next scheduled event is April 17 with the movie "Madagascar 2, Escape to Africa," at the post flagpole. The April 18 feature will be "Journey to the Center of the Earth" a 3-D Experience and yes, 3-D glasses will be provided. That show will be held at the Dodd Field. The movies begin at dusk; bring lawn chairs, blankets and friends. The event is free.

For more information about ACS programs, events or classes, call 221-2418 or 221-2705.

Service Family Advocacy Program set up seven bouncers for the Family Fun Fair held April 4 at the Youth Center Gym and on the fields around the center. The bouncers were very popular with the hundreds of children who came out with Families and



Another big event of a very full two days of celebrating Child Abuse Prevention Month and Month of the Military Child was the **Outdoor Movie Nights** held April 3 and 4. Army Community Service set up an inflatable 17 feet high by 35 feet wide movie screen. The first night "Kung Fu Panda" was shown, and "E.T. The Extra Terrestrial.' was shown the next. The Outdoor Movie wil be held twice a month throughout the summer for Families to enjoy ar evening of Family-safe movies, free of charge

> As the sun began to set Families stake their spots for the Outdoor Movie Nights held April 3 and 4. Lawn chairs and blankets were placed in the perfect area so the Families could enjoy an evening of safe Family-friendly entertainment, free popcorn, snow cones and cotton candy, compliments of Army Community Service.

One of the many attractions at the Family Fun Fair held April 4 was the Fort Sam Houston Fire Department Surrey Fire House. Used as an educa tional tool it demonstrate to children as well as adults what could possibly happen inside a burning room, such as hot door knobs and smoke. Following the demonstration and receiving their fire hats 5-year-old Amy Gibson follows 6-year-old Bernadette Deremia back to their parents, excited to share what they learned about fire safety.

brother Cass were obviously thrilled to have a place designed to practice and take their sport to another level.

the various bullving sce-

Fort Sam Houston Independent School District invites all parents to attend a meeting to explain SOAR (Student Online Achievement Resources), a program for military Families and the school districts that serve them. The meeting will be held at the Cole Middle School mall. April 14 at 6 p.m.

FORT SAM HOUSTON INDEPENDENT SCHOOL DISTRICT WEEKLY CAMPUS ACTIVITIES APRIL 13 - 18

Fort Sam Houston Elementary School

- April 13 TAKS rest easy day wear pajamas
- April 14 Knock the socks of TAKS wear crazy socks
- April 15 TAKS our future is bright day wear sunglasses
- April 16 TAKS twin day dress with a friend or teacher as your twin
- April 17 TAKS crazy hair day wear your hair in crazy ways

Robert G. Cole Middle and High School

- April 13 Boys' and girls' second round, district golf tournament at Randolph Oaks Country club Band and Choir Booster Club meeting in band hall. 6:30 to 7:30 p.m.
- April 14 Cole Baseball vs. Natalia at Cole, 4:30 p.m. SOAR (Student Online Achievement Resources) Program – parent meeting in middle school mall, 6 p.m. April 15 – Spring pictures for middle/high school during English
- classes and lunch in middle school mall and Cole gym District JV/V boys and girls' track meet at Comfort, TBA "Straight Talk to Smart Parents" - The 411 on Bullying in middle school mall, 6 p.m.
- April 16 District JV/V boys and girls' track meet at Comfort, TBA Character Ed Assembly "Fearless" in Moseley gym, 8:45 a.m. for seventh and eighth grade; 10 a.m. for grades ninth to 12th
- April 17 Baseball vs. Johnson City at Cole. 4:30 p.m.
- April 18 Cole Junior and Senior Prom at Forest Waters Country Club, 8 p.m. to 12 a.m.

Fort Sam Houston ISD hosts "Straight talk to smart parents"

Fort Sam Houston **Independent School** District will host a fourth, "Straight Talk to Smart Parents," presentation April 15 at 6 p.m. in the Cole Middle School mall. The topic of discussion will be, "411 on Bullying." This session will address

narios that all students face. A look at how bullying has transitioned over the years and the implications and stressful nature it imposes will be detailed. Such ramifications have led to suicide, terroristic threats, vindictive actions

and violence.

Additionally, attendees will be given an overview of text messaging, as it is now an integral mechanism of how youth are bullying via communica-

This session is designed for an adult

audience as the content covered pertains to sensitive issues facing teens For more information,

call Elizardo Hernandez at 368-8736 or e-mail ehernand@fshisd.net.



Lifeguard classes

The Jimmy Brought Fitness Center will host weekend lifeguard classes April 11 and 12, 18 and 19, and 25 and 26 from 8:30 a.m. to 4:30 p.m. at the Jimmy Brought Fitness Center. Cost is \$160 per class. For more information, call Ignacio Flores at 221-1234 or 221-1532.

ActionAirgun competition

The Jimmy Brought Fitness Center will host an ActionAirgun competition Wednesdays from 4:30 to 6:30 p.m. beginning April 22. ActionAirgun is a competitive, target shooting sport where participants compete for the fastest time Participants will shoot air guns at

positioned targets. The goal of the competition is to knockdown the correct targets within the fastest time. For more information, call 221-1234.

City Military Championship Fort Sam Houston Golf Club will

host the 11th Annual City Military Championship April 25 and 26. Check in time for the tournament is 7:30 a.m. with a start time of 8 a.m. Cost is \$80 for non-members and \$40 for FSH Golf Club members. Cost includes green fees, cart, awards and social following game play on Sunday. Levels of participation include championship flight, open flight, wounded warriors, ladies flight, senior flight

plus, and junior flight age 17 and under. The tournament is open to all military and Family members. Department of Defense and government contractors are welcome. For more information or to register,

50-plus, super-senior flight 60-

Spring Swing Golf Tournament

call 222-9386.

host the Spring Swing Golf Tournament May 15 at the Fort Sam Houston Golf Course. Registration begins at 11:45 a.m. with a shotgun start at 1 p.m. The cost is \$40 for E-4 and below, \$45 for E-5 and above and \$50 for guests without a Department of Defense I.D. card. The entry fee includes green fee, cart and range balls. Registration deadline is May 14 by 4 p.m. For more information, call 221-3417.

The 32nd Medical Brigade will

Family Fun Run/Walk

Jimmy Brought Fitness Center will host a monthly Fun Run/Walk April 25 at 9 a.m. Registration forms will be available on the day of the event. This event is free and open to the community. Event Tshirts can be purchased for \$10. For more information, call 221-

BAMC wins championship

Brooke Army Medical Center wins the 2008-2009 Intramural Basketball League and Post Season Championship. In the postseason championship BAMC beat U.S. Army South 61-57 as they went undefeated. USARSO was the Cinderilla-team in the tournament They made a valiant run through the playoffs knocking off team after team to reach the championship game against BAMC to fall by the final score.

APRIL 2. 2009 NEWS LEADER PAGE 15



Microsoft Office 2007 classes

Fort Sam Houston Night at the Missions

The San Antonio Missions will host a Fort Sam Houston Night every Saturday home game this season beginning April 11. Tickets \$6 to sit in a special Fort Sam Houston section at the Nelson W. Wolff Stadium. Free fireworks show after the game. For more information, call 226-1663.

Family Fun Nite The Fort Sam Houston Bowling

center offers a Family Fun Nite every Tuesday night from 5 to 8:45 p.m. Families can bowl for \$20 per lane with free shoes. The Strike Zone offers a full range of food and drinks at an additional cost. For more information, call 224-4740.

Express Lunch

The Sam Houston Club will offer a healthy and convenient cuisine for Soldier on the go. Beginning April 7 the Sam Houston | 17 from 8:30 a.m. to 4: 15 p.m.

Microsoft instructor will offer Microsoft Office 2007 classes from 8 a.m. to 12 p.m. for active duty Soldiers, spouses and civilian employees. Registration is required. Classes are held at ACS, Building 2797 in the computer lab. April 13 – Excel 2007 Level 1; April 15 – Excel 2007 Level 2. For more information or to register, call

221-1841 or e-mail

jennifer.lobo@us.army.mil.

Summer camp registration

Child, Youth and School

Club will offer patrons the oppor-

a mobile catering unit in the

Jimmy Brought Fitness Center

parking lot from 11 a.m. and 1

healthy-heart menu choice. For

more information, call 224-2721.

Army Community Service's

southern fried chicken or a

Services will conduct summer camp registration April 13 to 18 at Army Community Service, Building 2797, for youth that have completed kindergarten through 11th grade. Active duty only may register April 13 and 14 from 8:30 a.m. to 4:15 p.m. All eligible patrons will be able to register April 15 to

tunity to purchase lunch items via Patrons registering youth kindergarten through 11th grade must have proof of current immunizations at time of registration. p.m. Customers can choose from Children identified as having a special need must attend a Special Needs Accommodation Process prior to registration. For more information or additional registration requirements, call 221-4871.

and April 18 from 9 a.m. to 2 p.m.

Commanders training The Family Advocacy Program, Commander and Senior Leader Training will be held the second Thursday of every month from 8 to 10 a.m. at Army Community Service, Building 2797, Stanley Road. The training is for new commanders, first sergeants, and senior leaders. This training needs to be completed within 45 days upon assumption of these positions. For more information or to register,

Soldier Appreciation Day

call 221-0349 or 221-2418.

The Fort Sam Houston Bowling center offers a Soldier Appreciation Day every Saturday from 1 to 7 p.m. Active-duty military can bowl \$2 games with free shoes. The Strike Zone offers a full range of food and drinks at an additional cost. For more information, call 224-4740.

Warrior's scramble

Warriors Monthly Scramble the first Friday of every month with a 12:30 p.m. Shotgun Start. Teams ranging from one to four people can register at the Pro Shop. A registration fee of \$25 per person will apply. For more information, call 222-9386.

Armed Forces Vacation Club Armed Forces Vacation Club is

a "Space A" vacation condominium rental program, which offers accommodations around the world for only \$329 for a 7-night stay. There is no membership fee, for members of the Uniformed Services. Visit www.afvclub.com for available resorts or call 1-800-724-9988 to reserve a condominium. Use code No. 181 for Randolph and start packing. For more information, call 652-5640.

Calendar of Events

Gain and Maintain Self Confidence Army Community Service

APRIL 9

Family Employment Readiness Program will hold a class entitled, Gain and Maintain Self Confidence, April 9 from noon to 2 p.m. at ACS, Building 2797. The class offers suggestions and ideas

for gaining confidence and a feel-Fort Sam Golf Club hosts a ing of strength. For more information or to register, call 221-0516 or 221-0427.

Infant massage

A five-part infant massage class will be held April 9 through 30 from 10 to 11:30 a.m. This class will teach how to relax your child and help decrease stress for the parent and the baby. For more information or to register, call 221–0349 or 221-0600.

APRIL 10 Family Readiness Support Assistant forum

The Army Community Service Mobilization and Deployment Program will hold a Family Readiness Support Assistant forum April 10 from 10 to 11:30 a.m. at ACS, Building 2797. For more information or to register, call 221-2705 or e-mail samh.acs.mob.deploy@conus.arm

APRIL 11 Library closure

The Keith A. Campbell Memorial Library will be closed Easter Sunday, April 12. The library

call 221-4702. **APRIL 12**

Easter brunch The Sam Houston Club will

host an Easter brunch April 12 from 10 a.m. to 1:30 p.m. The price per person all-inclusive will be \$21.95 for non-members, \$18.95 for members and \$8.95 for children ages 6 to 11. Children ages 5 and under eat free. Menus can be picked up at the club prio to the event. For more information or reservations, call 226-1663 or 224-2721.

will be open April 11 from 11 a.m.

to 8 p.m. For more information.

APRIL 13 **Evening B.E.A.M.S.**

Building Effective Anger Management Skills classes will be held April 13, 14, 20, 21, 27 and 28 from 5:30 to 7 p.m. at the Red Cross, Building 2650. This six-part series helps to identify strategies to more effectively handle anger, resentment and frustration in per sonal and professional life. For more information or to register. call 221-0349 or 221-0600.

See MWR P16



Announcements

PAGE 16

'Operation: Hi Mom' photo Troops unable to make it home

for Mother's Day this year can enter to win one of 500 personalized art canvases that will be given away as part of Canvas on Demand's "Operation: Hi Mom" campaign. Photos can be submitted and viewed online by logging on to the Exchange Online Mall at http://www.exchangeonlinemall.co m/, navigating to Canvas on Demand and clicking the "Operation: Hi Mom" banner. Five hundred pictures will be selected, at random, on or before April 30 to ensure the personalized art is delivered in time for Mother's Day.

National Donate Life Month

Local donor hospitals and transplant centers will join national efforts to honor and celebrate organ donors and recipients whose lives have been effected by organ,

eye and tissue donation by flying the Donate Life flag during April, National Donate Life Month. To learn how to register as an organ, eye or tissue donor, call 866-685-0277 or visit www.txorgansharing.org.

Obesity study Brooke Army Medical Center

and Wilford Hall Medical Center are seeking military Family members who are overweight or obese adolescents, ages 12 to 17, for an intensive multidisciplinary approach that will incorporate medical follow-ups, behavioral therapy, nutrition counseling and the use of medication over a 12month period. For more information, call 916-0607 or 916-3440 or e-mail Maj Jorge Cabrera at Jorge.luis.cabrera@us.army.mil.

Warrant Officer Association meeting cancelled The Lone Star Silver Chapter of

the U.S. Army Warrant Officer Association April meeting is canceled. Members will be working at a booth at the Fort Sam Houston Fiesta April 19. All active duty, retired, Reserve, National Guard warrant officers and Family members of current or retired warrant officers are invited. For more infor-

MWR from P15

Post-deployment planning

The Army Community Service

Mobilization and Deployment Pro-

gram will hold post-deployment

planning training April 14 from 9

to 10:30 a.m. at ACS, Building

2797. For more information or to

register, call 221-2705 or e-mail

The Army Community Service

Program will hold care team train-

ing April 15 from 10 to 11:30 a.m.

Mobilization and Deployment

samh.acs.mob.deploy@conus.

army.mil.

APRIL 15

Care team training

APRIL 14

mation or to volunteer, call Juan Gomez at 295-6596 or e-mail juan.gomez@us.army.mil; or Jim Gonzales at 666-9818 or e-mail rgonzales879@satx.rr.com.

Calendar of Events

April 11 **Hill Country** Volkssportverein volksmarch

The Hill Country Volkssportverein volksmarch club will host a 5K and 10K walk April 11 starting between 7:30 a.m. and 1 p.m., finish by 4 p.m., at the Comfort Community Park on Highway 27 West in Comfort, Texas. Colorful Easter eggs will be hidden along the route to be exchanged for prizes. For information, call Tina Bohnert at 830-995 2421, e-mail tina.bohnert@comfort.txed.net or visit http://web.me.com/txtrailhead/HC V/Comfort.html.

APRIL 14 Microsoft Word, PowerPoint training

The Army Medical Department Center and School Information Management Training Branch will hold hands-on training on the new Office 2007 version of Microsoft

at ACS, Building 2797. For more

information or to register, call 221

In recognition of Sexual Assault

Prevention Month Army Community

Service Family Advocacy will hold

lunch and learn class entitled,

Victomology, April 15 from 11:30

2797. The class will be presented

a.m. to 1 p.m. at ACS, Building

by Rick Gipprich Jr., director of

education and training at the

Register by April 13. For more

1505 or e-mail Theresa.ander-

Rape Crisis center, San Antonio.

information or to register, call 221-

2705 or e-mail samh.acs.mob.

deploy@conus.army.mil.

Victomology - sexual

assault prevention

a.m. to 12:30 p.m.; and April 17 from 8 to 10 a.m., 10:30 a.m. to 12:30 p.m. and 1:30 to 3:30 p.m. at Willis Hall, Building 2841, Room 2105C. Each class lasts two hours. Seating is limited. For more information or to register, e-mail Julie.Gueller@amedd.army.mil.

Word and PowerPoint April 14 and

15 from 8 to 10 a.m. and 10:30

April 16

Society for the Preservation of Historic Fort Sam

The Society for the Preservation of Historic Fort Sam Houston will meet April 16 at 11:30 a.m. at the Stilwell House, 626 Infantry Post Road. The topic will be the society's participation in the 100th anniversary of the Fort Sam Houston Gift Chapel. For more information, call 822-6034.

April 18 **American Society of Military Comptrollers**

The American Society of Military Comptrollers will hold a light cleaning project April 18 from 9 a.m. to noon at the Sunshine Plaza Apartments, 455 E. Sunshine Drive. The project involves light cleaning for senior residents. Students can earn up to

Overseas Orientation

son@us.army.mil

The Army Community Service Relocation Assistance Program will hold an overseas orientation April 15 from 10 to 11 a.m. and again from 5 to 6 p.m. at ACS, Building 2797. The orientation will include entitlements, reimbursements, household goods shipments, employment, education, non-command sponsor tours and reunion tours. For more information or to register, call 221-9698.

Preparing for childbirth

Army Community Service New Parent Support Program will offer a Getting Ready for Childbirth

class April 15 from 5:30 to 8:30 p.m. This class will provide the women and their partners with research-based information that will prepare them for the childbirth experience. For more information or to register, call 221-0349 or 221-2418.

APRIL 16 Summer Hire Job Fair

Army Community Service **Employment Readiness program** will hold a summer hire job fair April 16 from 2:30 to 5:30 p.m. at ACS, Building 2797. The job fair will focus on summer hires for teens and the Fort Sam Houston military community. For more information, call 221-0516 or 221-2418.

April 28

Retired Officers' Wives and Widows luncheon The Retired Officers' Wives and

three hours of community service

credit. For more information, call

Nida Soriano-Rosas at 536-7234.

Andrea Powers at 221-2752 or

Widows luncheon will be held April 28 at 11 a.m. at the Sam Houston Club. Mariachis from the Edgewood School District will perform. For more information or reservations, call Arline at 822-

April 29 **Active-duty Family members**

Community FIRST focus group

Fort Sam Houston Department of the Army Community FIRST focus group for active duty Family members will be held April 29 from 8 to 11:30 a.m. in Building 122, Stanley Road, in the garrison headquarters conference room The intent of the focus group is to identify and discuss service support programs on Fort Sam Houston. Active duty Family members who wish to participate can call the Customer Management Services Officer at 221-2543 or email samh.cms@conus.army.mil.

FORT SAM HOUSTON **Fort Sam Houston** as a mini-operating room and riot gear demonstra-

Fiesta & Fireworks Sunday, April 19, 2009, 1 to 9 p.m.

APRIL 9, 2009

The public is invited to Fort Sam Houston for a free Fiesta celebration on Sunday, April 19 from 1 p.m. to 9 p.m. at MacArthur Field, corner of Harry Wurzbach and Stanley Road. Fiesta begins with a country fair that features a variety of food booths and drinks, military equipment on display and exhibits such

such as the 82nd Airborne Chorus from Fort Bragg, N.C.; the Almost Patsy Cline Band from Bandera, Texas; Salsa Dancers; Tejano star Patsy Torres and more will provide continuous entertainment. Carnival games include XTreme Trampoline, Pedestal Joust, CyberSpin, Mini Ferris Wheel, Bungee Run, Monkey Maze Fun House, XTreme Obstacle

tion. Live entertainment

Course, and Human Bowling. Other activities include Guitar Hero Hummer, Laser Tag Tent, Wrestlers in Costume remote control car demonstrations, and arts 6:00 to 6:45 p.m. - Fiesta Salute, Soldiers on Parade

NEWS LEADER

and crafts vendors. Children activities include face painting, carnival rides, and games. Adding pageantry and elegance to the military parade is the Fife

Drum Corps who will join more than 300 Soldiers on the parade field during the military ceremony at 5:30 p.m. The public is invited to enter Fort Sam Houston gates from

Interstate Highway 35 at Walters Street, Harry Wurzbach Road or Wilson/Cunningham Road off Broadway St. No pets or coolers are allowed.

ON STAGE

1:00 to 1:30 p.m. - S-3 - Salsa Dancers 1:30 to 2:00 p.m.- Cadence Cloggers 2:00 to 2:30 p.m. - Kazamba Dance and Drum Group

2:30 to 3:30 p.m. - Ballet Del Cielo Folkloric Dancers and Mariachi Group

3:30 to 4:00 p.m. - 82nd Airborne Chorus from Fort Bragg, N.C. 4:00 to 5:30 p.m. - The Almost Patsy Cline Band

from Bandera, Texas Military ceremony at the Pavilion with

more than 300 Soldiers in parade. 5:30 to 5:50 p.m. - Fife and Drum Corps performance

BACK ON STAGE

6:45 to 7:45 p.m. - Tejano Star Patsy Torres featuring her band and dancers

6:45 to 7:15 p.m. - Escaramuza Rosas de Castilla,

an equestrienne drill team

8:00 to 9:00 p.m. - U. S. Army Medical Command Show Band featuring various musical selections for your entertainment to include jazz, country, and patriotic

9 p.m. - Fiesta ends with a Fireworks Finale sponsored by Steves & Sons, Inc.

City of San Antonio Notification System

The City of San Antonio recently implemented a mass notification system that allows citizens to receive automated telephonic and email warnings for severe weather, HAZMAT incidents, and other emergencies. In order to receive these notifications, you must first register your phone number and e-mail address online at http://www.sanantonio.gov/saNS/

index html

There is no limit on the number of Family members or coworkers who can sign up. Each family member or employee should register under a separate account. Once registered, they will receive emergency alerts 24/7. Phone numbers from any U.S. area code can be registered and users will receive the warnings regardless of their location.

In conjunction with City of San Antonio notifications, the Fort Sam Houston Installation Operations Center will continue to disseminate emergency information to Fort Sam Houston personnel using a variety of notification systems such as outdoor public address speakers, mass e-mails,

For more information, call Brad Barrett at 295-0534.

PAGE 17



For Sale: Weight bench, two weight bars, 250 pounds of weights, \$75; large square wood coffee table with glass top, \$10; bookcase top for girls bedroom dresser, white, 48 inches by 48 inches, \$15; wedding dress, size 6 to 8, lots of beading, 9-foot train, veil, \$50. Call 475-9973.

For Sale: Chiweenie puppies, first shots, ready for pick-up by May 1, \$250. Call 830-276-8551.

For Sale: Queen-size reversible comforter, two shams, dust ruffle, dark blue floral, \$45; queen-size reversible comforter, two shams, dust ruffle, beige floral,\$45. Call 495-2296.

For Sale: Full length running boards for 2006 Ford F150, chrome on black, like new, \$140. Call 221-

For Sale: Eighty-gallon air compressor, like new, \$850; power washer, \$245; Washburn bass gui tar with amplifier, \$800; 1962 Nova, good engine, new tires,

\$2,200; 1969 Jeep, runs, \$2,200. Call 633-0881

For Sale: Office desk, \$75; angels water fountain, \$75; two chairs, \$35 each; solid oak table, \$75. 550-7371.

For Sale: Buffet, \$75; riding lawn mower, \$495; two bikes, \$35 each; elliptical exercisers, \$200 each; shelves, \$12. Call 633-2247

For Sale: Extra-large pet house, \$70; baby backpack with frame, \$35; barbecue grill, \$25; welder with cart, Model MIG100, works great, \$160. Call 633-3859.

For Sale: 1991 Ford F-150 single cab, long-bed, six cylinder engine, 5-speed standard transmition, runs very good, cruise control dual fuel tanks, A/C, \$2,200. Call 687-3980.

For Sale: Craftsman 52-inch lawn tractor, 20 horsepower, Kohler engine, excellent condition, originally \$2,400, selling for \$1,500 firm. Call Master Sgt. Blume at 270-312-8373.

News Leader survey online

Submit your feedback to help improve the News Leader. The survey is available online at http://www.samhouston.armv.mil/pao/default.html. For more information, call 221-0615 or 221-1031

Religious Briefs

CWOC meets

The Catholic Women of the Chapel will hold an Enrichment Bible Study Mondays at 9:15 a.m. at Dodd Field Chapel. Child care is provided. For more information, call 442-8957 or 830-914-2326.

PWOC meets

The Protestant Women of the Chapel is a Christ-centered group that encourages women to grow spiritually within the body of Christ through prayer, the study of God's word, worship and service. A Bible study is held Wednesdays from 9:30 to 11:30 a.m. and Thursdays

at 6:30 p.m. Child care is provid ed. For more information, call 221-5007.

Holy week events

Living Last Supper - April 9

Force Base 7 p.m. at Mt. Zion Baptist Church 7:30 p.m. at the Main Post Chapel Good Friday - April 10 Outdoor Easter Sunrise Service -April 12 at 7 a.m. at MacArthur Parade Field

News Leader

∖Hometown star

Fort Sam Houston personnel who want to share news of their accomplishments and achievements with Family members and friends back home can participate in the Army and Air Force Hometown News Program.

Whether active duty, Reserve, Guard or a Department of Defense civilian, you can fill out the Hometown News Release, the Department of Defense Form 2266, and forward it to Public

Affairs. PA will then forward the form to the Air Force News Agency for distribution to every media outlet within a 50-mile radius of the zip code specified on the form.

Complete the DD Form 2266, posted on the Fort Sam Houston Public Affairs Web site at http://www.samhouston.army.mil/publicaffairs, and submit it to PA by fax at 221-1198 or e-mail to HometownNews@samhouston.army.mil

For more information, visit http://www.samhouston.army.mil/publicaffairs, cal 221-1139 or 221-0546; or e-mail Minnie Jones at innie.l.jones@us.army.mil.



Main Post Chapel, Building 2200, 221-2754

5:30 p.m. - Mass - Saturdays

4:45 p.m. - Reconciliation - Saturdays

Catholic Services:

9:30 a.m. - Mass - Sundays 7 p.m. at Randolph Air 11:30 a.m. - Mass - weekdays **Protestant Services - Sundays:** 8 a.m. - Collective Protestant 11 a.m. - Collective Protestant Jewish Services: 379-8666 or 493-6660 8 p.m. - Fridays - Worship and 8:30 p.m. -Oneg Shabbat

Dodd Field Chapel, Building 1721, 221-5010 or 221-5432 Catholic Services:

9:15 to 11:15 a.m. - Catholic Women of the Chapel Enrichment or Bible Study -12:30 p.m. - Mass - Sundays

Protestant Services:

10:30 a.m. - Gospel Protestant - Sundays 9:30 to 11:30 a.m. - Protestant Women of the Chapel meeting - Wednesdays, child care is provided 6:30 to 7:30 p.m. - Protestant Women of

the Chapel meeting - Thursdays, child care is provided Samoan Protestant Service: 8:30 a.m. -

Sundays

Brooke Army Medical Center Chapel, Building 3600, 916-1105 Catholic Services:

8:30 a.m. - Mass - Sundays

11 a.m. - Mass - Sundays **Protestant Services:**

10 a.m. - Worship Service - Sundays

Episcopal/Lutheran Rite services: 12:30 p.m. - Traditional worship -Thursdays

floor. 916-1105

5:30 p.m. - Coffee and fellowship -

Building 1398, 221-4362 Catholic Mass: 8 a.m. - Sundays

Installation Chaplain's Office. Building 2530, 295-2096

army.mil/chaplain



6 p.m. - Contemporary worship - Sundays

AMEDD Regimental Chapel, 32nd Medical Brigade Student services Contemporary Protestant Service: 9:30

Muslim Jumma: 1:30 p.m. - Fridays Fort Sam Houston Library.

Building 1222, 221-4702 Church of Jesus Christ of Latter Day

8:30 a.m. - Sundays

Contemporary Protestant: 11:01 a.m. -

Web site: www.samhouston.